



*Kansas
Breastfeeding
Coalition Inc.*

We Care for Breastfed Babies

Resources to Help Child Care Providers & Breastfeeding Families

- www.KellyMom.com - Excellent breastfeeding & pumping information. Search for “milk calculator” to calculate how much milk a baby needs. There are many free handouts including “How to bottle feed the breastfed baby.”
- www.MakingMoreMilk.com - Great information for women who want to increase their milk supply.
- Find a Lactation Consultant (IBCLC) - search by zip code: www.ilca.org
- National Breastfeeding Hotline: 1-800-994-9662
- www.workandpump.com - Information & resources
- Infant Risk Center - Up-to-date evidence-based information on the use of medications during pregnancy & breastfeeding, anyone can call with questions. 1-806-352-2519, www.infantrisk.org/
- Academy of Breastfeeding Medicine - Protocols for various situations. www.bfmed.org
- Best for Babes has great information and a helpful blog: www.bestforbabes.org/
- Frequently asked questions about federal lactation support law are answered at www.usbreastfeeding.org
- Kelly Mom, Best for Babes & The Leaky Boob have active Facebook communities where women can connect with other moms
- Office on Women’s Health, Federal Government’s Website: for general breastfeeding information, www.womenshealth.gov/breastfeeding

Resources in Kansas

- La Leche League of Kansas: for direct support and information, www.KansasLLL.org
- Kansas Business Case for Breastfeeding: for help with returning to work & employer support, www.kansasbusinesscase.com
- Kansas Breastfeeding Coalition - Information & links to local coalitions throughout the state: www.ksbreastfeeding.org

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